



THE MAIN SYMPTOMS OF CORONAVIRUS ARE:

A high temperature (37.8°C or higher)



A new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours



THE HARMONY TRUST BELIEVE · ACHIEVE · SUCCEED

• A loss or change to sense or smen or case - this means they cannot smell or taste anything, or things smell or taste different to normal. A loss or change to sense of smell or taste

IF ANYONE IN YOUR HOUSEHOLD HAS THESE YOU MUST:



Keep the whole household at home and do not have visitors until you get a test result



2. Do not go out except to get a test (this includes going to school – none of the family can attend whilst waiting for a test result)



3. As soon as you know the test result, let school know and they will advise on next steps.

IF ANY MEMBER OF YOUR HOUSEHOLD SHOWS SYMPTOMS, YOU MUST ALL STAY HOME UNTIL YOU HAVE A TEST RESULT OR HAVE SELF-ISOLATED.



GETTING A TEST FOR CORONAVIRUS

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IF ANYONE IN YOUR HOUSEHOLD HAS THESE ARRANGE FOR THEM TO HAVE A TEST AS SOON AS POSSIBLE



Go to:

https://self-referral.test-for coronavirus.service.gov.uk/antigen/name to book a test online.

Or phone 119



Or go to a walk in testing site if this is available in your area



You must register the card you are given if you have a test this way



The whole household must stay at home until the test result is back.

As soon as you know the test result, let school know (ideally emailing or showing the test result text / email you have received) and they will advise on next steps.



WHAT DO I DO IF I CANNOT GET A TEST?

IF YOU HAVE TRIED THE BOOKING WEBSITE / 119 AND CANNOT GET A TEST:



Keep trying! Testing times are being released throughout the day.



Check whether there are any walk in testing sites nearby you could go to without an appointment (not available in all areas)



Keep the whole household at home. Children cannot return to school until they have had a <u>negative test result</u> (and are well) <u>OR</u> they <u>have self-isolated for at least 10 days</u> (and are well).



Let school know you are having difficulties.

IF NO TEST IS AVAILABLE:



The person in your house with symptoms must self-isolate for 10 days. Follow the stay at home guidance:



See <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance</u> for further information



The rest of the household must self-isolate for 14 days (or 10 days from when they show any symptoms if this is the case)



After this time, as long as the family is well then the children can return to school.



Speak to school if you are unsure and ring them before your child returns.



CORONAVIRUS TEST RESULTS – WHAT TO DO?

IF A FAMILY MEMBER HAS RECEIVED A <u>NEGATIVE</u> TEST RESULT



As long as they do not still have symptoms of Coronavirus <u>and no</u> <u>other family member has symptoms or a positive test result</u>, your child can return to school



Ring school as soon as possible to let them know and to arrange your child's return. Please show your test result to school if you can.

IF A FAMILY MEMBER HAS RECEIVED A <u>POSITIVE</u> TEST RESULT



Please ring school and let them know as soon as possible.



The person with the positive test result must self-isolate for at least 10 days (longer if they still have a temperature).



The rest of the household must self-isolate for 14 days (or 10 days from when they show symptoms if they do so).



After this time, as long as the child is well, they can return to school. Ring school to arrange your child's return.



See <u>https://www.gov.uk/government/publications/covid-19-stay-</u> <u>at- home-guidance</u> for further information